

MARY STACEY

Executive and Leadership Team Coach



Leading and managing in the twenty-first century requires an ability to learn and re-invent yourself over the span of your career. A coaching relationship offers you the time and space to clarify your aspirations, shift habitual patterns, and establish new practices that can enhance your life and leadership.

Since training as a coach in 2009, Mary has helped individual leaders and leadership teams grow in the direction of their aspirations, while simultaneously becoming more self-aware, adaptive, collaborative, and systemic. She brings a map of adult development alongside the questions and concerns that are arising for you, so you can uncover potential and find greater personal fulfillment, meaningful connections with others, and visible leadership effectiveness.

Mary has worked across industries in roles such as professor, corporate leader, consultant, and entrepreneur. Her experience allows her to quickly grasp your strategic context and the dynamics you are navigating. Because she continuously learns in diverse fields such as the arts and biology, and through themes such as brain science and creativity, Mary is able to bring an 'and' view to coaching conversations, which can help you balance core leadership tensions such as the technical and adaptive, short and long term, individual and collective. She has personally undertaken many development assessments, which consistently identify her ability to be imaginative and ingenious, insightful and incisive. She brings these four qualities to each of her coaching relationships.

Mary's approach helps individual leaders and leadership teams reach beyond short-term behavior change to expand capabilities in ways that are well matched to today's interconnected, rapidly changing environments. Her light touch and powerful questions support leaders' expansion beyond technical leadership competence to adaptive leadership capacity.

Mary holds an MA in Leadership Studies, a BA in Psycholinguistics, a Diploma in Counselling, and certificates in Coaching for Personal and Professional Mastery and Trauma Informed Leadership. She teaches in the Strategic Leadership Advanced program at the University of Toronto, and is also the founder of the Burren Leadership Retreat in Ireland, and Leading Full Circle Multigenerational Women's Leadership Retreat.

